

THRIVE timeline

The findings from NICU THRIVE have the potential to revolutionize how we care for vulnerable infants born very prematurely

Every 4 weeks

- Parental surveys to assess feelings and well-being
- Sample of baby's saliva to assess DNA changes related to nutrition



 Samples of mother's milk; and baby's urine, stool and blood spot to assess link between nutrition & inflammation

Weekly

Nutrition and growth assessment

Twice weekly

Milk analysis

Enrollment

 Baby is placed in a nutrition group



https://developingbrainresearchlab.org/nicuthrive







THRIVE timeline

18, 36 and 48 months

- Surveys to measure how parents and baby are doing
- Developmental testing at Children's National



6 and 12 months

 Telephone survey to measure how parents and baby are doing



First year

 Baby sleep and feeding surveys



Due date

 Brain MRI and neurobehavioral assessment



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