



Mommy&Me

You and your future baby qualify for this study if you:

- ▶ are Black or of African descent
- ▶ are pregnant (less than 32 weeks)
- ▶ plan to deliver in Washington, D.C., and
- ▶ are low resourced.

We anticipate our study interventions will reduce depression, anxiety and stress during and after pregnancy, providing potential benefits to you, your baby and future unborn babies. You will receive compensation based on completed study visits (from \$270 to \$450) in gratitude for your participation in the study.



**Children's
National.**

Learn more

developingbrainresearchlab.org/mommy-me