



JOIN US IN STRENGTHENING YOUR BOND WITH YOUR BABY!

Are you navigating the challenges of caregiving?
We're here to support you every step of the way!

What is PLAYMATES?

PLAYMATES is a special program designed to help you and your little one connect more deeply while making caregiving easier and more enjoyable. Our goal is to help you strengthen your relationship with your baby and promote positive outcomes for both of you. Not only will you gain support, but you'll also be part of a study that aims to improve caregiving practices and outcomes for families like yours.

How will we support you?

We understand every family's journey is unique, so we'll work with you to navigate the specific challenges you face. With 11-14 weekly sessions, we'll help you and your baby get to know each other better, creating a more fulfilling experience for both of you.

What we'll do together:

- **Personalized Support:** Tailored guidance to meet your caregiving needs
- **Track Progress:** Through questionnaires, neurodevelopment assessments and other physiologic measures, we'll better understand your baby's growth and development
- **Promote Positive Outcomes:** We want to help create a more enjoyable and supportive experience for you and your little one

INTERESTED?

Sign up today to get started! We're excited to help you create a strong, joyful bond with your baby.



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<https://developingbrainresearchlab.org/playmates>

