



# CREATE STRONG, JOYFUL BONDS WITH BABY!

## PLAYMATES is here to support you

We designed **PLAYMATES** to help you and your little one connect more deeply while bringing more joy to caregiving. Over 11 to 14 weekly sessions, we aim to strengthen your relationship with baby and make caregiving more fulfilling. In addition to boosting your own well-being and your baby's outcomes, we want to improve caregiving practices for other families.



## INTERESTED?

Sign up today to get started! We're excited to help you create a strong, joyful bond with your baby.



(202) 476-3842



[fetalbrain@childrensnational.org](mailto:fetalbrain@childrensnational.org)



<https://developingbrainresearchlab.org/playmates>

