



Depression is common among new moms, and antidepressant medication is often prescribed with the aim of effectively treating perinatal mental health disorders and lowering overall risk. The FABMOMS study will help us better understand how to treat pregnant women who are depressed and provide optimal benefit to mother and child.

In addition, our bodies and brains need choline, a nutrient naturally found in foods like eggs and meat. But few women consume enough choline during pregnancy. The FABMOMS study will help us understand how boosting mom's choline levels influences her mood and her baby's brain development.

You're eligible for FABMOMS if you are:

- Aged 18+
- Pregnant and receive prenatal care in Washington, D.C.
- Less than 20 weeks' gestational age and
 - taking a serotonin selective or serotonin norepinephrine reuptake inhibitor (SRI) antidepressant to treat depression
 - are depressed, but you do not take an SRI
 - you are neither depressed nor are you taking an SRI



Participating moms receive \$125 via a ClinCard (reloadable debit card) for each completed, in-person study visit and up to \$25 for in-person, study-related transportation costs in remuneration for your time.

Learn more **developing**
[brainresearchlab.org/fabmoms/](http://brainresearchlab.org/fabmoms/fetalbrain@childrensnational.org)
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